A detailed 3D illustration of a cell membrane with various proteins and receptors. Several green, spherical viruses with blue spikes are shown interacting with the membrane. The background is a mix of yellow, blue, and purple, representing different cellular components.

COVID-19 and HIV

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This activity is jointly provided by Physicians' Research Network and the Medical Society of the State of New York.

Disclosure Information

none

SCIENCE

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THE LESSONS OF THE PANDEMIC

THE pandemic which has just swept round the earth has been without precedent. There have been more deadly epidemics, but they have been more circumscribed; there have been epidemics almost as widespread, but they have been less deadly. Floods, famines, earthquakes and volcanic eruptions have all written their stories in terms of human destruction almost too terrible for comprehension, yet never before has there been a catastrophe at once so sudden, so devastating and so universal.

The most astonishing thing about it

Epidemiology / Clinical Presentation

Clinical Characteristics of Coronavirus
Disease 2019 in China

laboratory confirmed cases from 552 hospitals in 30 provinces

Median age 47 (IQR:35-58), male (58.1%)

Most common symptoms: fever, cough, fatigue, diarrhea rare (3.8%)

16% severe disease: older age and co-morbidities (24%)

- HTN 15%, DM 7%, CAD 2%, HBV 2%
- cerebrovascular 1.4%,
- cancer 0.9%, renal 0.7%,
- immunodeficiency 0.2%

Clinical Course: 6% mechanical ventilation, 0.5% ECMO, 3.4% ARDS, 1.4% mortality

Limitation: 1029 were still hospitalized at time of analysis

Infection of SARS-CoV-2 and HIV in a patient in Wuhan, China

Zhu, Cao, Xu, Zhou. *J Med Virol* 2020;92:529-530

Case Report:

60-year-old man

Heavy smoker, type 2 diabetes

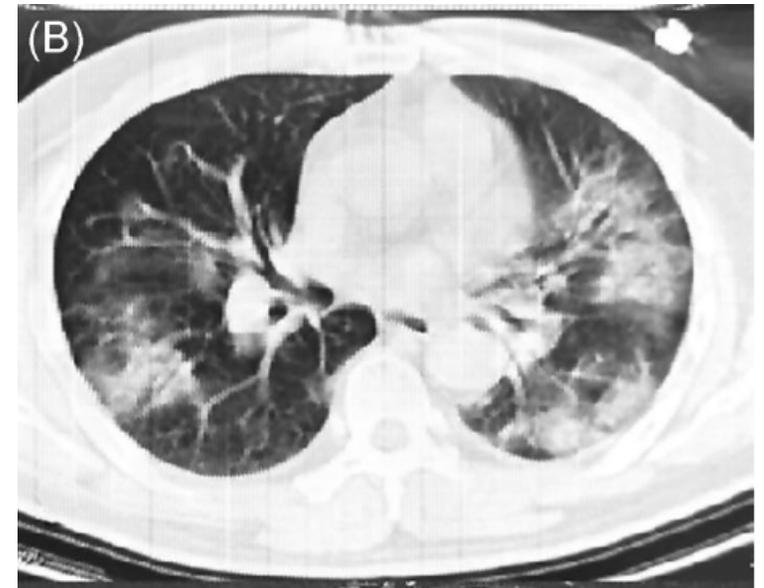
Presented with fever, cough

Chest CT with pneumonia, PCR+ SARS-CoV-2

New HIV antigen/antibody +, CD4% 4.75%

Started on LPV/RTV, γ -globulin and steroids

Improved and discharged



immunocompromised patients, such as HIV infections....vulnerable group.”

COVID-19 in patients with HIV: clinical case series

Blanco, et al. Lancet HIV 2020;7:e314-e316

THE LANCET
HIV

	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5
Demographics and baseline HIV status					
Age (years)	40	49	29	40	31
Sex	Transgender	Male	Male	Male	Transgender
Year of HIV diagnosis	2007	2003	2013	2003	2020
CD4 cell count (cells per mm ³)	616	445	604	1140	13
CD4:CD8 ratio	0.8	0.46	1.1	1.2	0.1
Viral load at or before admission (copies per mL)	<50	<50	<50	<50	45500
Antiretroviral treatment before admission	Tenofovir alafenamide, emtricitabine, and darunavir-boosted cobicistat	Abacavir, lamivudine, and dolutegravir	Tenofovir alafenamide, emtricitabine, and darunavir-boosted cobicistat	Abacavir, lamivudine; and dolutegravir	No ART: current diagnosis is late presenter
Interventions and outcomes					
ART at admission	maintained	Tenofovir disoproxil fumarate, and emtricitabine plus lopinavir-boosted ritonavir (on going)	Tenofovir disoproxil fumarate, and emtricitabine plus lopinavir-boosted ritonavir (for 3 days)	Tenofovir disoproxil fumarate, and emtricitabine plus lopinavir-boosted ritonavir (for 14 days)	Tenofovir alafenamide, emtricitabine, and darunavir-boosted cobicistat (on going)
Additional antiviral treatments	No	Interferon beta-1b (for 7 days), hydroxychloroquine (for 7 days)	Hydroxychloroquine (for 5 days)	Hydroxychloroquine (for 5 days)	Interferon beta-1b (for 4 days), hydroxychloroquine (for 5 days)
Outcomes	Cured	Still at hospital	Cured	Cured	Cured

Description of COVID-19 in HIV-infected individuals: Single-centre, prospective cohort

...a, María J Pérez-Eliás, Carmen Quereda, Ana Moreno, María J Vivancos, Fernando Dronda, José L Casado, on behalf of the ... Team*

THE LANCET HIV

Lancet HIV 2020 (epub 5/28/2020)

	HIV-infected individuals with COVID-19 (n=51)	HIV-infected individuals without COVID-19 (n=1288)	p value
Body mass index, kg/m ²	25.5 (22.1-28.0)	23.7 (21.5-26.0)	0.021
	2 (4%)	32 (2%)	0.715
Age	22 (43%)	518 (40%)	0.019
	27 (53%)	311 (24%)	0.024
Time since HIV infection, years	19.5 (9.3-28.6)	22.6 (13.5-28.7)	0.186
CD4 count, cells per µL	224 (120-437)	212 (91-330)	0.182
	24 (47%)	597 (46%)	1.000
CD4 < 200	21 (41%)	610 (47%)	0.396
	6 (12%)	81 (6%)	0.138
Antiretroviral therapy	51 (100%)	1284 (>99%)	1.000
Nucleoside inhibitors	11 (22%)	175 (14%)	0.578
	8 (16%)	269 (21%)	0.054
	41 (80%)	707 (55%)	0.410
Integrase inhibitor (TAF or TDF)	37 (73%)	487 (38%)	0.0036
Comorbidities			
Hypertension	32 (63%)	495 (38%)	0.00059
Diabetes	18 (35%)	102 (8%)	<0.0001
Chronic kidney disease	7 (14%)	38 (3%)	0.0011
Chronic liver disease	6 (12%)	17 (1%)	0.00014
	24 (47%)	419 (33%)	0.034

- Clinical/lab/radiologic presentation similar to that of the general population
- 6 (12%) were critically ill, including 2 with CD4 <200
- 2 (4%) died
- Conclusions
 - HIV is not protective of SARS-CoV-2 infection or severe disease
 - Treat the same as the general population

COVID-19 and HIV: NYC

Original Investigation

Describing Characteristics, Comorbidities, and Outcomes Among 5700 Patients Hospitalized With COVID-19 in the New York City Area

Davidson, MD, MPH; Jamie S. Hirsch, MD, MA, MSB; Mangala Narasimhan, DO; Crawford, MD, PhD; Thomas McGinn, MD, MPH; Karina W. Davidson, PhD, MASc; Northwell COVID-19 Research Consortium

JAMA 2020 Apr 22;323:2052-9

Comorbidities	
Total No.	5700
Cancer	320 (6)
Cardiovascular disease	
Hypertension	3026 (56.6)
Coronary artery disease	595 (11.1)
Congestive heart failure	371 (6.9)
Chronic respiratory disease	
Asthma	479 (9)
Chronic obstructive pulmonary disease	287 (5.4)
Obstructive sleep apnea	154 (2.9)
Immunosuppression	
HIV	43 (0.8)
History of solid organ transplant	55 (1)
Kidney disease	
Chronic ^c	268 (5)
End-stage ^d	186 (3.5)
Liver disease	
Cirrhosis	19 (0.4)
Chronic	
Hepatitis B	8 (0.1)
Hepatitis C	3 (0.1)
Metabolic disease	
Obesity (BMI ≥ 30)	1737 (41.7)
No.	4170
Morbid obesity (BMI ≥ 35)	791 (19.0)
No.	4170
Diabetes ^e	1808 (33.8)



YU: Karmen-Touhy, et al.

<https://www.medrxiv.org/content/10.1101/2020.05.07.20094797v1>

	HIV-positive N=21	Non-HIV N=42	P-value
Length of Hospital stay, days	6 (4-13) N=21	5 (3-10) N=42	0.262
O2 Flow rate AVG, L/min	4.5 (2-16) N=16	3.3 (2-12) N=33	0.653
O2 Flow rate MAX, L/min	11 (2-38) N=16	4 (3-15) N=33	0.681
Fraction of inspired oxygen AVG	79.1 ± 21.4 N=7	71.88 ± 34.4 N=12	0.313
Fraction of inspired oxygen MAX	90.0 ± 17.32 N=7	81.25 ± 35.94 N=12	0.278
Expired or transferred to hospice	6 (28.6%)	10 (23.8%)	0.682
Needed ICU	6 (28.6%)	7 (16.7%)	0.271
Needed Invasive Ventilation	5 (23.8%)	5 (11.9%)	0.223
Lactate Dehydrogenase Peak, U/L	477.04 ± 210.37 N=21	436.30 ± 223.02 N=37	0.249
C-Reactive Protein Peak, mg/L	185.13 ± 107.35 N=20	128.06 ± 99.29 N=38	0.024
Ferritin Peak, ng/mL	1446 (493-2209) N=20	1156 (314-2148) N=36	0.617
Procalcitonin Peak, ng/mL	0.22 (0.11-0.42) N=20	0.11 (0.06-0.28) N=35	0.227
White blood cell count Peak, 10 ³ /ul	8.3 (7.1-12.4) N=21	7.3 (5.5-11.6) N=41	0.125
White blood cell count Low, 10 ³ /ul	5.1 (4.3-5.6) N=21	4.6 (3.6-6.1) N=41	0.828
D-dimer, ng/mL			0.315
<1000	11 (57.9%)	26 (76.5%)	
1000-6000	5 (26.3%)	6 (17.6%)	
>6000	3 (15.8%)	2 (5.9%)	
Abnormal initial chest x-ray*	19 (90.5%)	27 (64.3%)	0.027
Bilateral	18 (94.7%)	23 (85.2%)	
Unilateral	1 (5.3%)	4 (14.8%)	
Chest x-ray bilateral ever*	18 (85.7%)	29 (69.0%)	0.152
Myocardial Infarction	1 (4.8%)	1 (2.4%)	0.611
Pulmonary Embolism	1 (4.8%)	1 (2.4%)	0.611
Deep Vein Thrombosis	1 (4.8%)	1 (2.4%)	0.611

- Retrospective matched cohort study

- Conclusion:

- HIV coinfection does not significantly impact presentation, hospital course, or outcomes of patients infected with SARS-CoV-2 when compared to matched non-HIV patients.

HIV and COVID-19: New York City area

Mark: 27 HIV+ pts

Coln: 9 HIV+ pts.

Columbia: 31 HIV+ pts

Sinai: 88 HIV+ pts

Sinai: 72 HIV+ pts

Stein: 100 HIV+ pts

Snell: 30 HIV+ pts

Okoh, et al. JAIDS 2020;85:e4-e5 (epub 5/28/20)

Suwanwongse, et al. J Med Virol (epub 5/28/20)

Shalev, et al. Clin Infect Dis (epub 5/30/20)

Sigel, et al. Clin Infect Dis (epub 6/28/20)

Ho, et al. J Infect Dis (epub 6/30/20)

Patel, et al. IAS 2020 LB abstract OABLB0102

Stoeckle et al. OFID (in press)

Overall conclusion: No increased risk for infection or complications of COVID-19 in people with HIV (mostly with suppressed VL and adequate CD4 cell count)

Veterans Administration Cohort Study (VACS)

Open cohort of all veterans with HIV and matched 1:2 for age, race/ethnicity, site with veterans without HIV

	PLWH		HIV-uninfected		OR/HR	95% CI
	N	%	N	%		
Alive in 2020	30,948		76,618			
Tested for COVID-19	1486	4.8%	2735	3.6%	1.39	(1.30, 1.49)
COVID-19 +	189	0.6%	380	0.5%	1.39	(1.16, 1.66)
Outcomes						
ICU admission	32	16.0%	72	18.9%	0.94	(0.51, 1.73)
intubation	15	7.9%	35	9.2%	0.99	(0.65, 1.49)
death	18	9.5%	47	12.4%	0.96	(0.56, 1.67)

Conclusions: PLWH higher rate of testing, but no differences in documented infection or complication rates vs. uninfected

Park IAS 2020 #LBPEC23

COVID-19 and HIV: South Africa Western Cape

– June 2020

5 million total adult patients

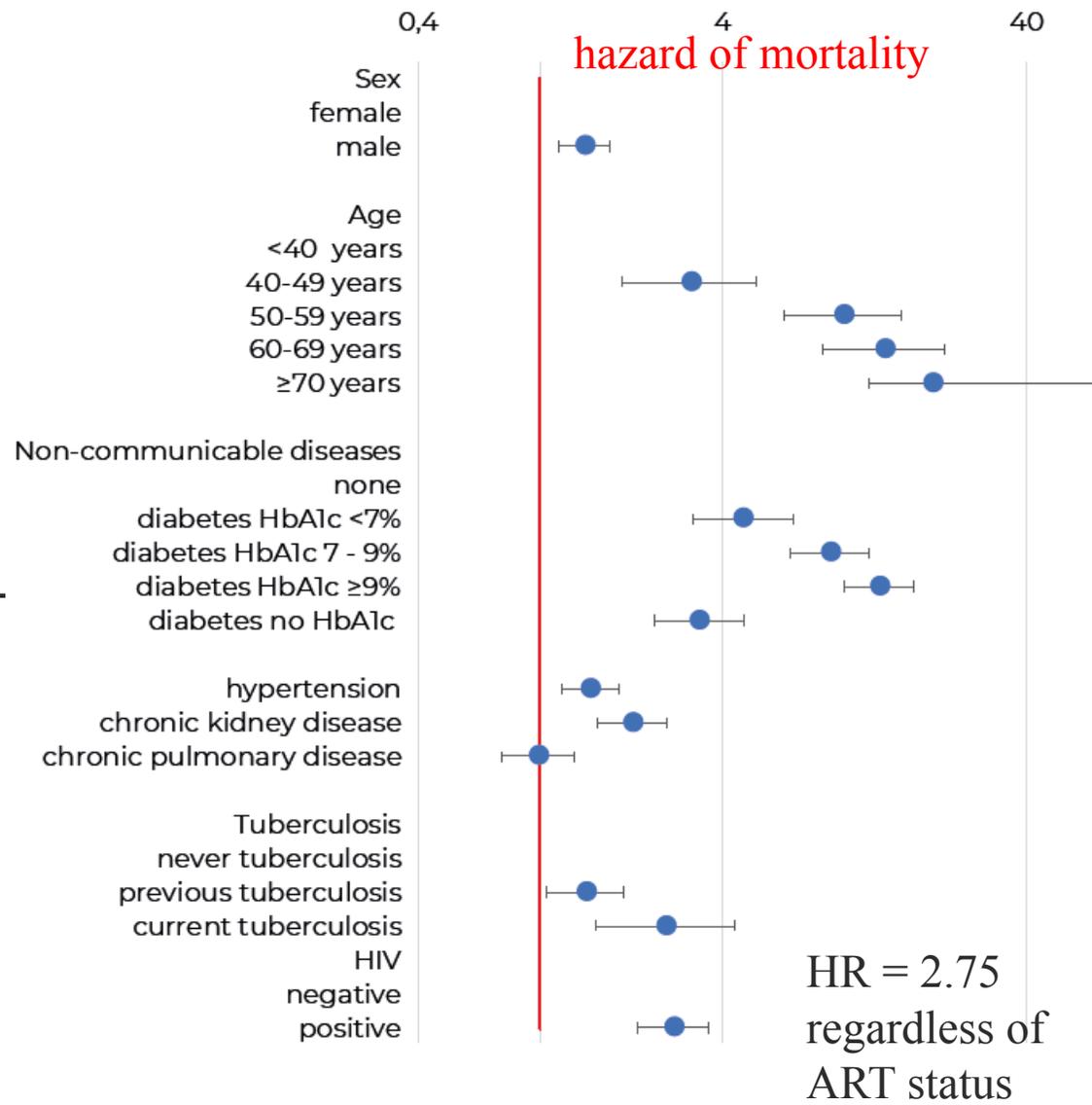
K people living with HIV

55% virologically suppressed on ART

28% not confirmed suppressed on ART

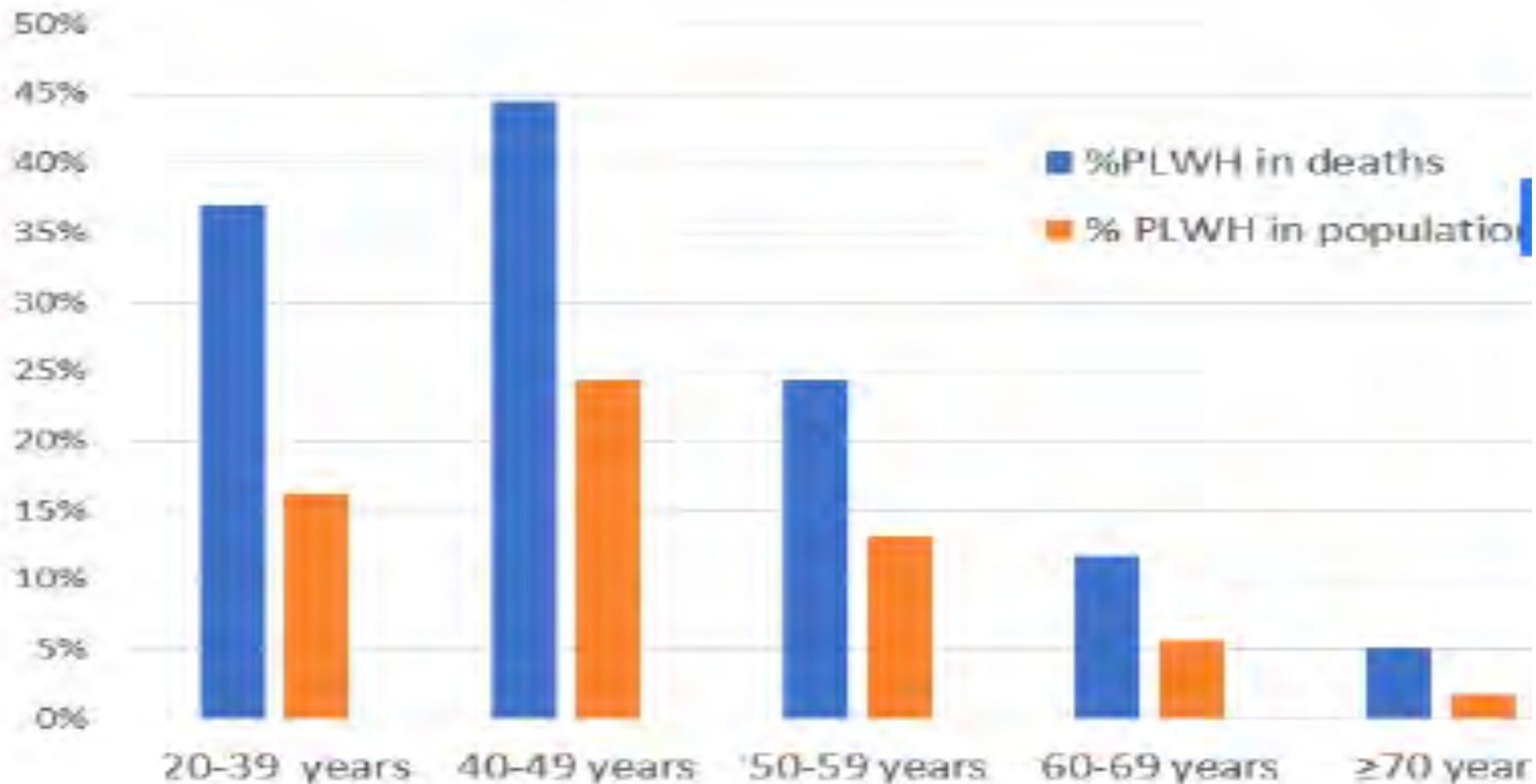
17% never on ART

22 COVID-19 cases and 435 deaths



COVID-19 and HIV: South Africa Western Cape

Proportion of people with HIV
in COVID-19 deaths vs. all patients by age group



S. CDC

People of any age with the following conditions **are at increased risk** of severe illness from COVID-19:

Chronic kidney disease

COPD (chronic obstructive pulmonary disease)

Immunocompromised state (weakened immune system) from solid organ transplant

Obesity (body mass index [BMI] of 30 or higher)

Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies

Sickle cell disease

Type 2 diabetes mellitus

U.S. CDC

People with the following conditions **might be at an increased risk** for severe illness from COVID-19:

Asthma (moderate-to-severe)

Cardiovascular disease (affects blood vessels and blood supply to the brain)

Cystic fibrosis

Chronic kidney disease or high blood pressure

Immunocompromised state (weakened immune system) from blood or bone marrow transplant

Immunodeficiencies, HIV, use of corticosteroids, or use of other immune weakening medications

Neurologic conditions, such as dementia

Obesity

Pregnancy

Pulmonary fibrosis (having damaged or scarred lung tissues)

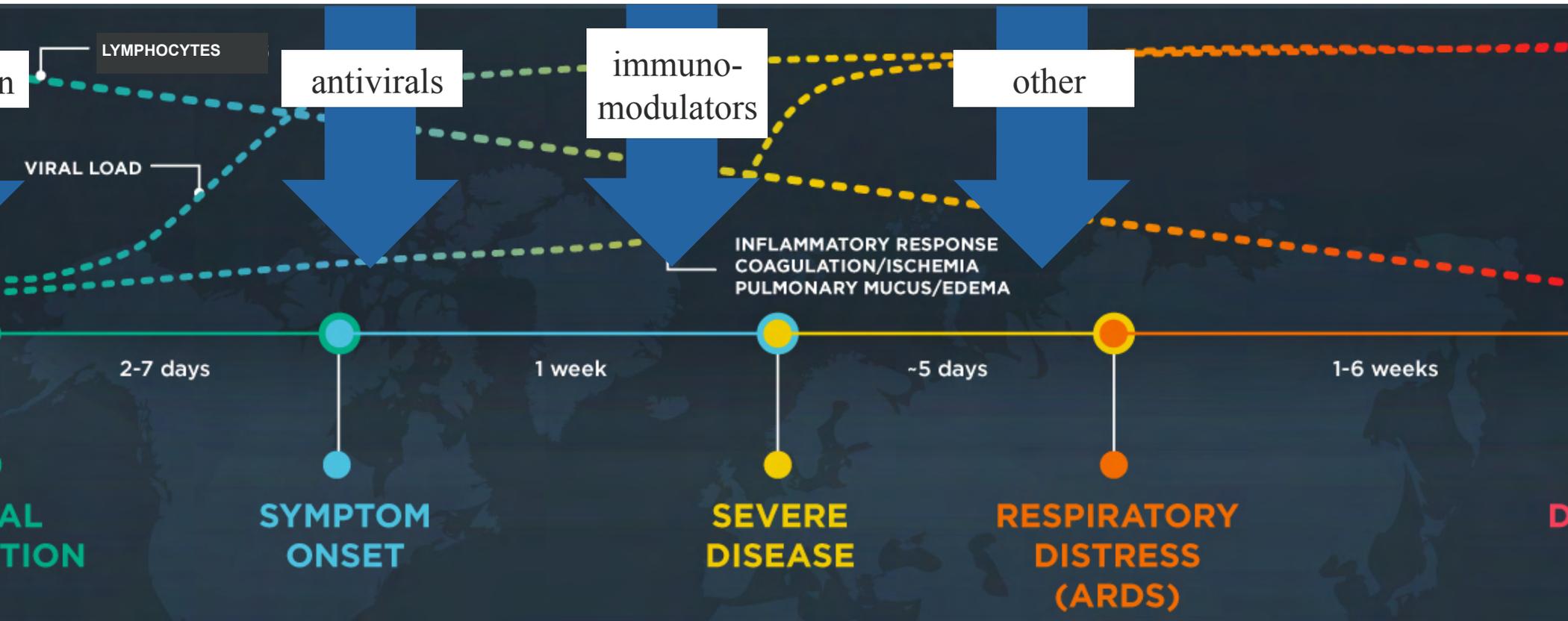
Smoking

Sickle cell anemia (a type of blood disorder)

Type 1 diabetes mellitus

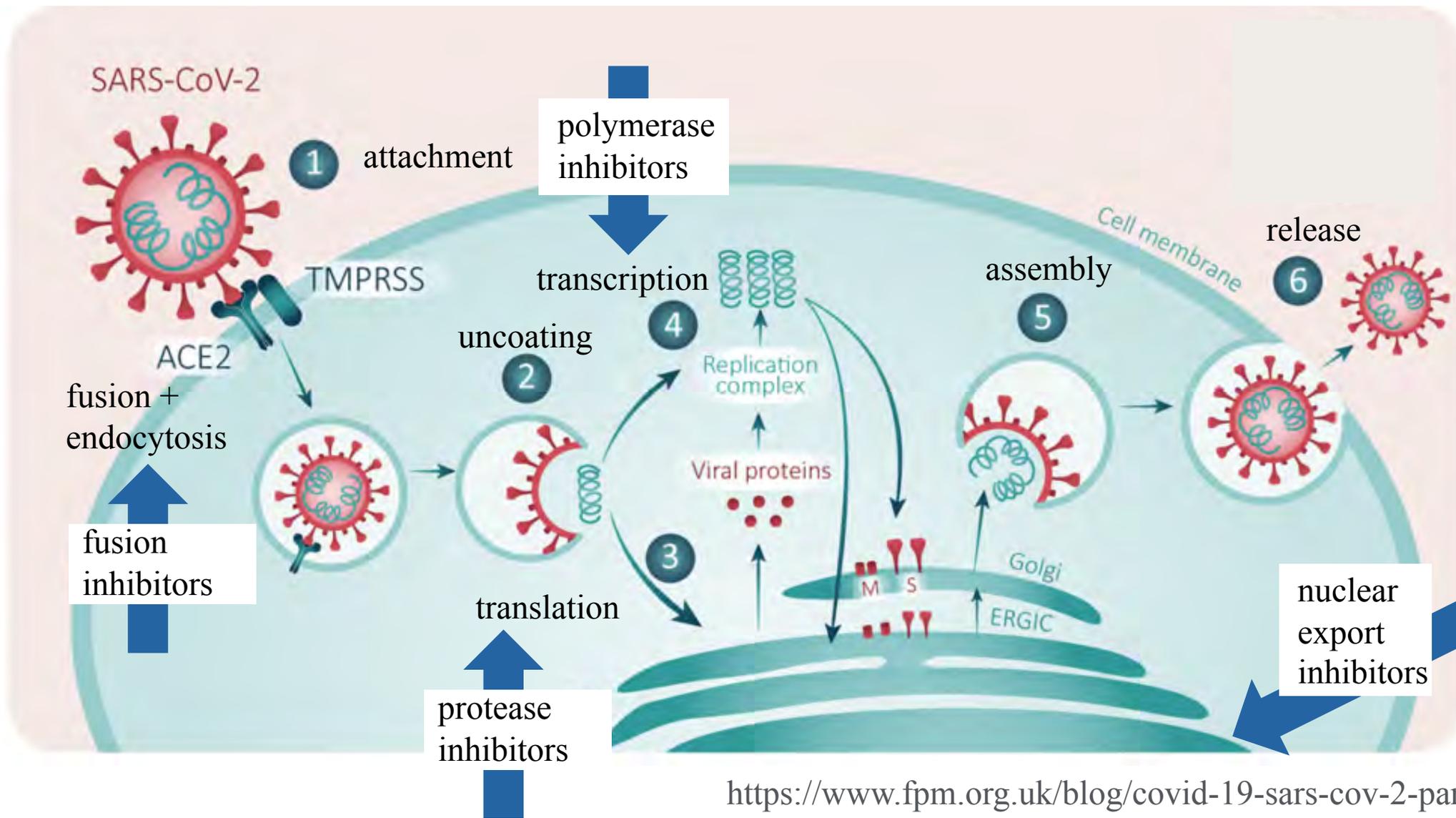
Treatment

COVID-19: Clinical Course and Interventions



Modified from: Biocentury

Life Cycle of SARS-CoV-2



Coronavirus Proteases and Inhibitors

Replication of SARS-CoV-2 depends on the cleavage of polyproteins into an RNA-dependent RNA polymerase and a helicase.

The enzymes responsible for this cleavage are two proteases:

- 3-chymotrypsin-like protease (3CLpro)
- papain-like protease (PLpro)

HIV-1 protease inhibitors lopinavir/ritonavir evaluated in SARS and MERS

Clinical experience with SARS [Chu Thorax, 2004;59:252-256](#)

- Non-randomized trial of 41 patients treated with LPV/r + ribavirin (vs. historical controls)
- Results:
 - ARDS/death at day 21: 2.4% (LPV/r + RBV) vs 29% (historical controls), $p < 0.001$

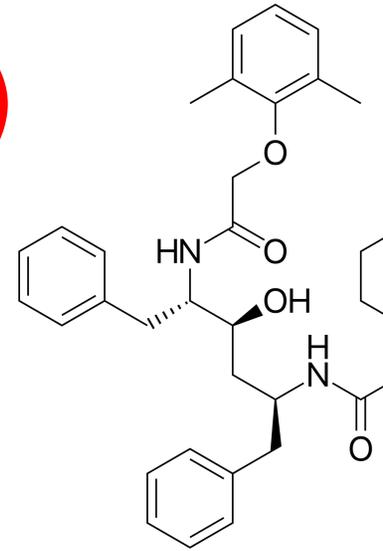
Effective for SARS-CoV-2?

- Protease inhibitors suggested to be tested [Morse Chemiochem 2020;21:730-738](#)
- Lopinavir/ritonavir is an inhibitor of SARS-CoV 3CLpro *in vitro*, and this protease appears highly conserved in SARS-CoV-2. [Liu J Genet Genomics 2020;47:119-121](#)

lopinavir/Ritonavir for COVID-19 (1)

FDA-approved HIV protease inhibitor combination
in vitro activity against SARS-CoV-2

- Pharmacokinetics do not support
 - 60-120X ↑ concentrations required to achieve EC_{50}
- [Schoergenhofer Ann Intern Med 2020 \(epub 5/12/20\)](#)



Randomized, controlled open-label study

- Hospitalized pts with severe COVID-19 (N=199)
- No difference in:
 - time to clinical improvement
 - 28-day mortality
 - detectable viral RNA

[Cao NEJM 2020;382:1787-1799](#)

Lopinavir/Ritonavir for COVID-19 (2)

RECOVERY

Randomised Evaluation of COVID-19 Therapy



RECOVERY: 11,500 patients at 175 National Health Service Hospitals in UK

Study pts: Hospitalized pts with COVID-19 (N=6425)

- 4% mechanical vented, 70% on O₂, 26% no O₂ Study rx: randomized to LPV/RTV (n=1596) vs. usual care (n=3376)

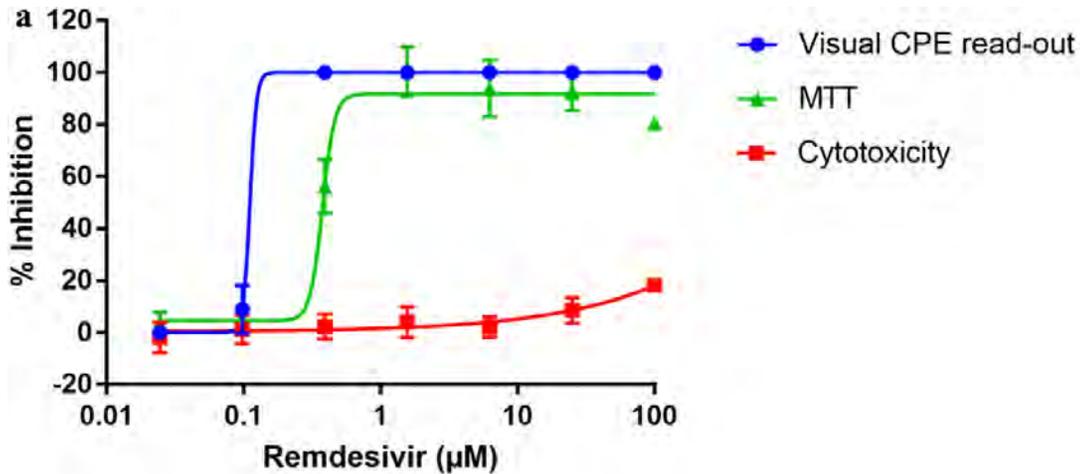
Study stopped early by Trial Steering Committee

Primary endpoint: 28-day mortality:

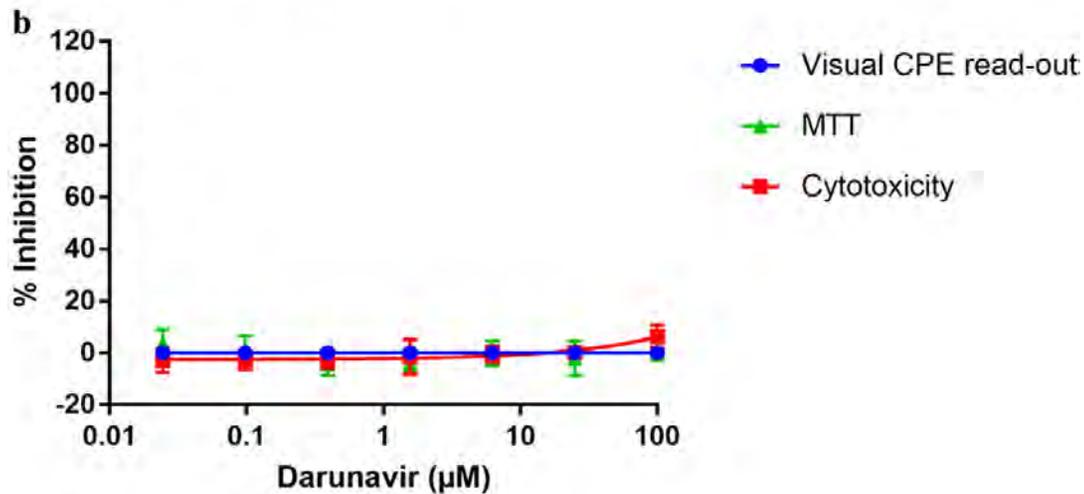
- 22% (LPV/RTV) vs. 21% (usual care) p=0.58
- Also, no effect on progression to intubation or hospital sta

Press Release 6/29/20

Remdesivir for COVID-19



CPE =
cytopathogenic
effect



MTT =
Method of
assessing CPE

Conclusion: DRV has no effect on SARS-CoV-2

De Meyer S et al Int J Infect Dis 2

NIH COVID-19 Rx Guidelines: Antivirals

The panel recommends against:

- **Lopinavir/ritonavir (AI) / other HIV PIs (AIII)** because of unfavorable pharmacodynamics and negative clinical trial data.

www.covid19treatmentguidelines.nih.gov

Remdesivir (RDV)

Investigational antiviral agent

RNA polymerase inhibitor – adenine derivative

Antiviral activity *in vitro* and animal models

MERS, MERS, and SARS-CoV-2

Intravenous: 200mg loading dose, then 100mg qd X 5-10 days

Tested in a clinical trial for Ebola in >500 individuals

+ De Clercq *Nat Rev Drug Discov* 2020;19:149

Clinical trials in COVID-19

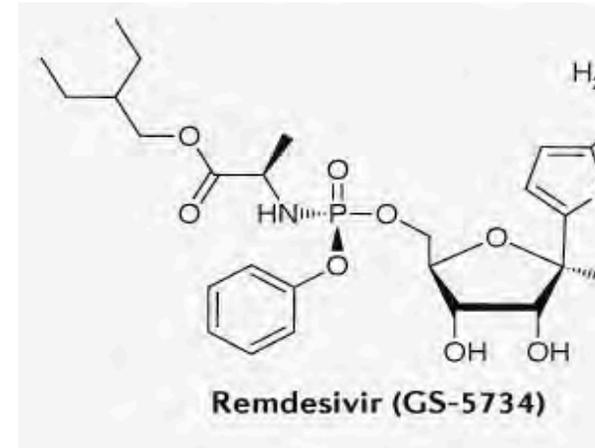
Compassionate Use (N=61) [Grein NEJM 2020;382:2327-2336](#)

- Moderate and Severe COVID-19

NIH ACTT-1 Randomized Study (N=1063) [Beigel NEJM 2020 \(epub 5/22/20\)](#)

- Severe COVID-19

FDA releases Emergency Use Authorization (EUA) 5/1/20



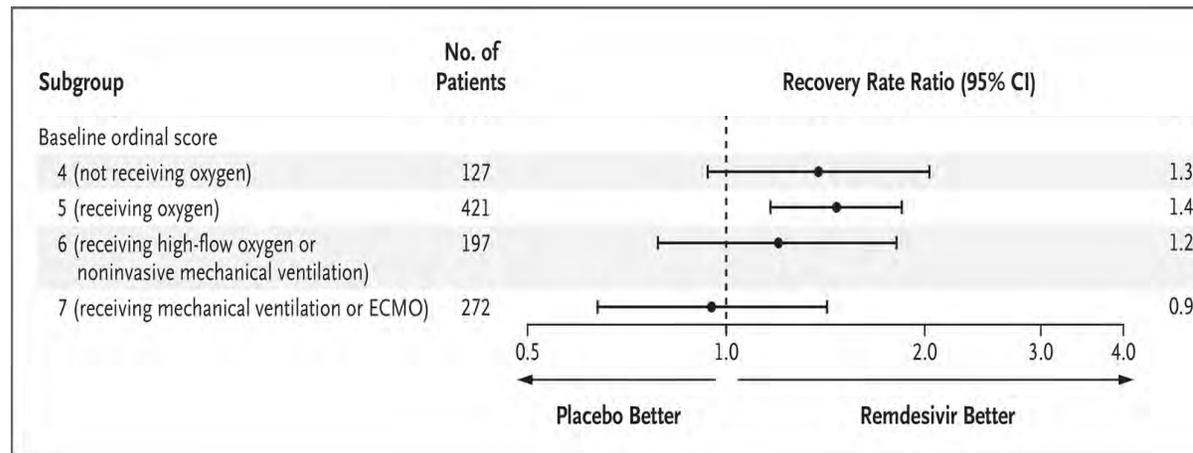
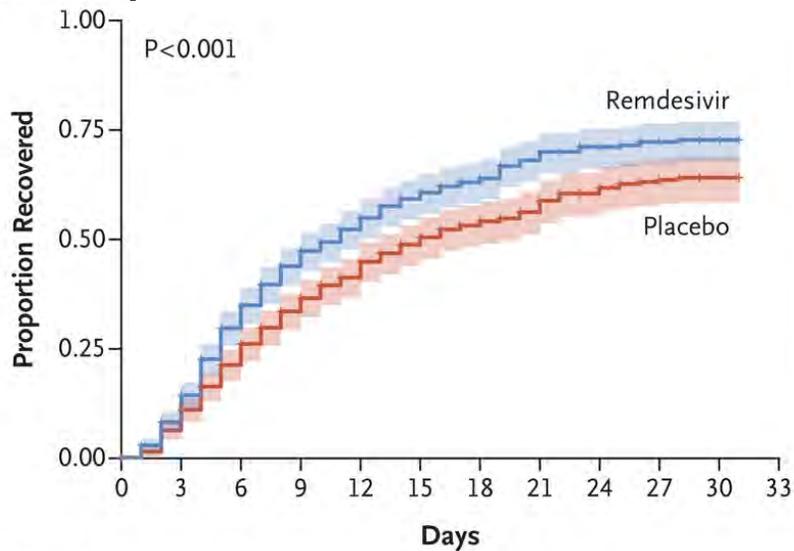
Remdesivir (RDV) – ACTT-1 Phase 3 Clinical Study

Phase 3 multicenter, randomized, double-blind placebo controlled study

Study population: adults hospitalized with COVID-19 with evidence of lower respiratory tract involvement (N=1063)

Study treatment: RDV 200mg load → 100mg daily X 10 days

Study endpoint: time to clinical recovery (to discharge or equivalent)



No. at Risk

Remdesivir	538	481	363	274	183	142	121	98	78	65	3	0
Placebo	521	481	392	307	224	180	149	115	91	78	2	0

Conclusion: RDV superior to placebo

Beigel NEJM 2020 (epub 5/22/20)

NIH Guidelines: Remdesivir

Recommendation for Hospitalized Pts with Severe COVID-19:

The Panel recommends **remdesivir** for treatment of COVID-19 in hospitalized pts with $SpO_2 \leq 94\%$ on ambient air (at sea level) or those who require supplemental oxygen **(AI)**.

The Panel recommends **remdesivir** for treatment of COVID-19 in pts who are on mechanical ventilation or extracorporeal membrane oxygenation (ECMO) **(BI)**.

nd also.....

ew Remdesivir Formulations:

- subcutaneous for injection
- inhaled

eneric Remdesivir!



Immunomodulators



Dexamethasone

University of Oxford

Horby, NEJM 2020 (epub 7/17/20)

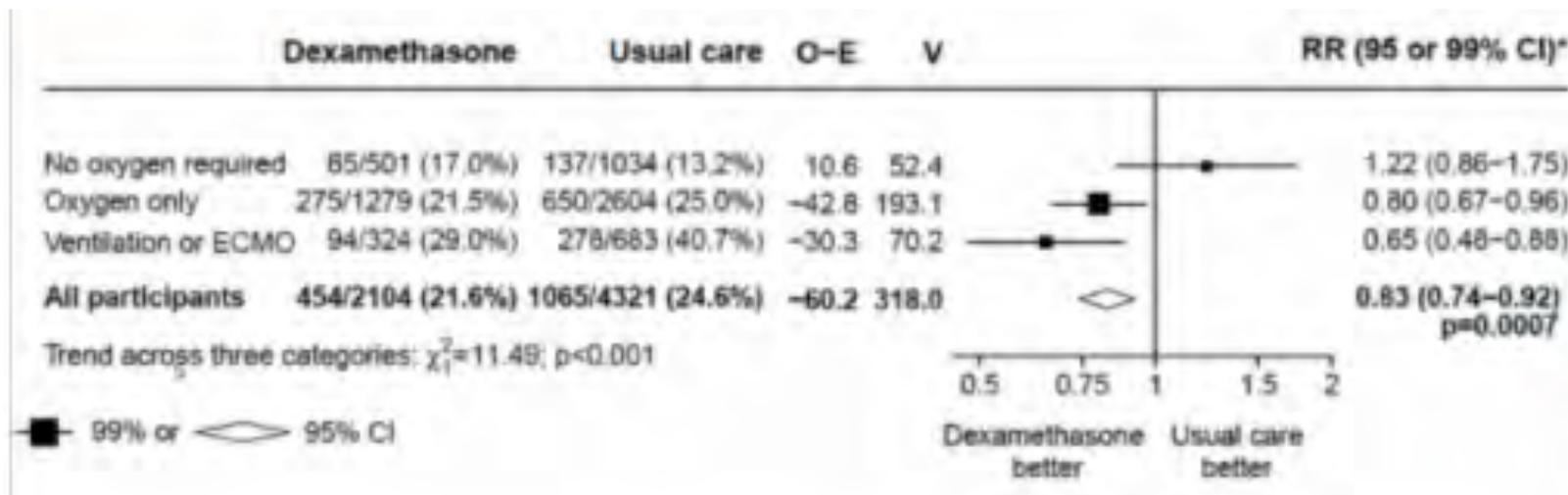
6425 patients at 175 National Health Service Hospitals in UK

Study pts: Hospitalized pts with COVID-19 (N=6425)

Study rx: randomized to dexamethasone 6mg daily X 10 days (or discharge) (n=2104) vs. usual care (n=4321)

Primary endpoint: 28-day mortality: 482 (23%) on dexamethasone vs. 1110 (26%) usual care

Study stopped early by Trial Steering Committee



Conclusion: Dexamethasone associated with mortality benefit in COVID-19 patients requiring

Prevention

COVID-19 Prevention

There are no proven preventive drugs for COVID-19.

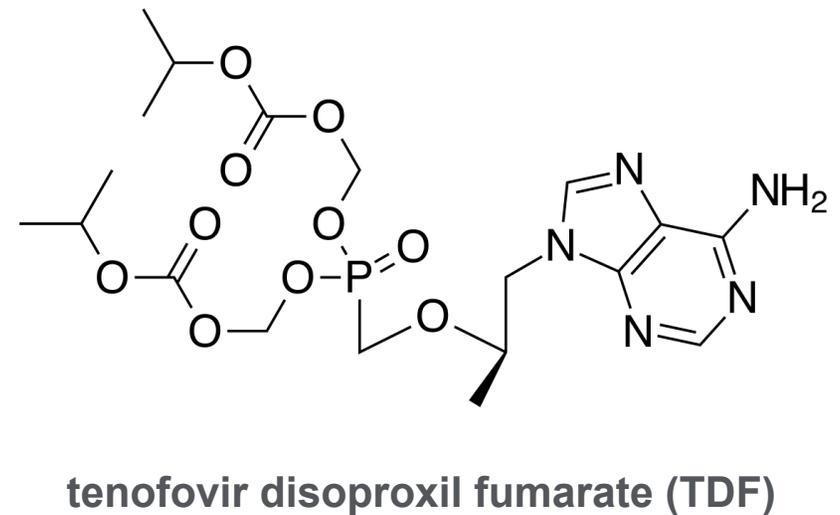
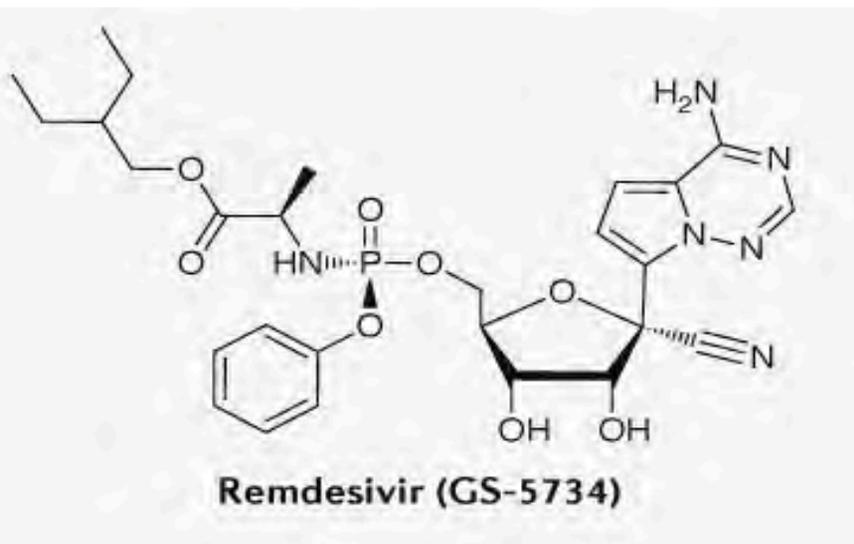
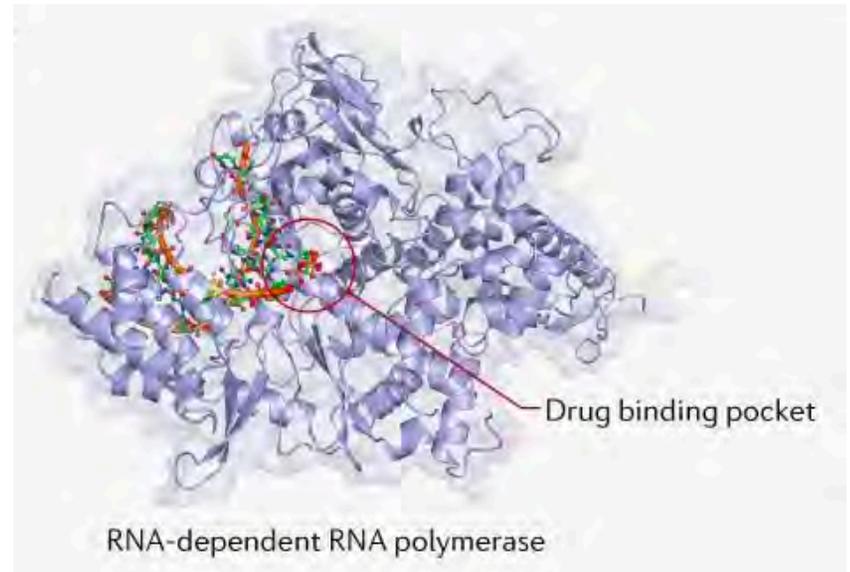
There are no FDA-approved drugs for COVID-19 prevention.

Current standard for prevention is handwashing, masks, social distancing, droplet precautions and PPE.

Candidate Preventatives

- Antivirals
- Convalescent plasma
- Hyperimmune globulin
- Vaccines

NA polymerase inhibitors



Outcomes and Severity of COVID-19 in HIV-Positive Persons Receiving Antiretroviral Therapy

Retrospective Cohort Study

Spanish Hospitals

77 590 HIV+ persons on ART

NRTI

- TDF/FTC 16%
- TAF/FTC 33%
- ABC/3TC 26%
- Other 25%

3rd drug

- NNRTI 21%
- PI 19%
- Integrase 50%
- Other 10%

dx'ed with COVID-19

151 were hospitalized

15 were admitted to ICU

20 died

Table 2. Risk per 10 000 Persons for PCR-Confirmed COVID-19 Diagnosis, Hospital Admission, ICU Admission, and Death Among 77 590 HIV-Positive Persons Receiving ART, 1 February to April 2020, Spain

Characteristics	COVID-19 Diagnosis (95% CI)	COVID-19 Hospital Admission (95% CI)	COVID-19 ICU Admission (95% CI)	COVID-19 Death (95% CI)
Risk				
Overall	30.4 (26.7–34.6)	19.5 (16.5–22.8)	1.9 (1.1–3.2)	2.6 (1.6–3.6)
Standardized*	30.0 (29.8–30.2)	17.8 (17.7–18.0)	2.5 (2.4–2.6)	3.7 (3.6–3.8)
Sex				
Men	35.1 (30.4–40.3)	23.4 (19.6–27.7)	2.1 (1.1–3.6)	2.8 (0.6–3.6)
Women	16.4 (11.2–23.2)	7.7 (4.3–12.7)	1.5 (3–4.5)	2.1 (0.6–3.6)
Age, y				
20–39	28.3 (20.3–38.3)	10.3 (5.8–17.6)	0.7 (0–3.8)	0 (–2.9–2.9)
40–49	27.9 (20.9–36.4)	20.1 (14.3–27.5)	0.5 (0–2.9)	1.0 (0.1–1.9)
50–59	26.3 (21.0–32.5)	16.7 (12.6–21.8)	2.2 (0.9–4.5)	2.2 (0.9–3.5)
60–69	38.8 (26.9–54.2)	27.4 (17.6–40.8)	4.6 (1.2–11.7)	4.6 (1.2–8.0)
70–79	83.7 (52.4–126.7)	72.3 (43.5–112.9)	7.6 (0.9–27.5)	26.6 (11.2–42.0)
NRTI				
TDF/FTC	16.9 (10.5–25.9)	10.5 (5.6–17.9)	0 (–2.9)†	0 (–2.9–2.9)
TAF/FTC	39.1 (31.8–47.6)	20.3 (15.2–26.7)	2.7 (1.1–6.5)	3.9 (1.9–5.9)
ABC/3TC	28.3 (21.5–36.7)	23.4 (17.2–31.1)	3.0 (1.1–6.5)	4.0 (1.7–6.3)
Other regimens	29.7 (22.6–38.4)	20.0 (14.2–27.3)	1.0 (0.1–3.7)	1.0 (0.1–1.9)

57% ↓

Western Cape / South Africa

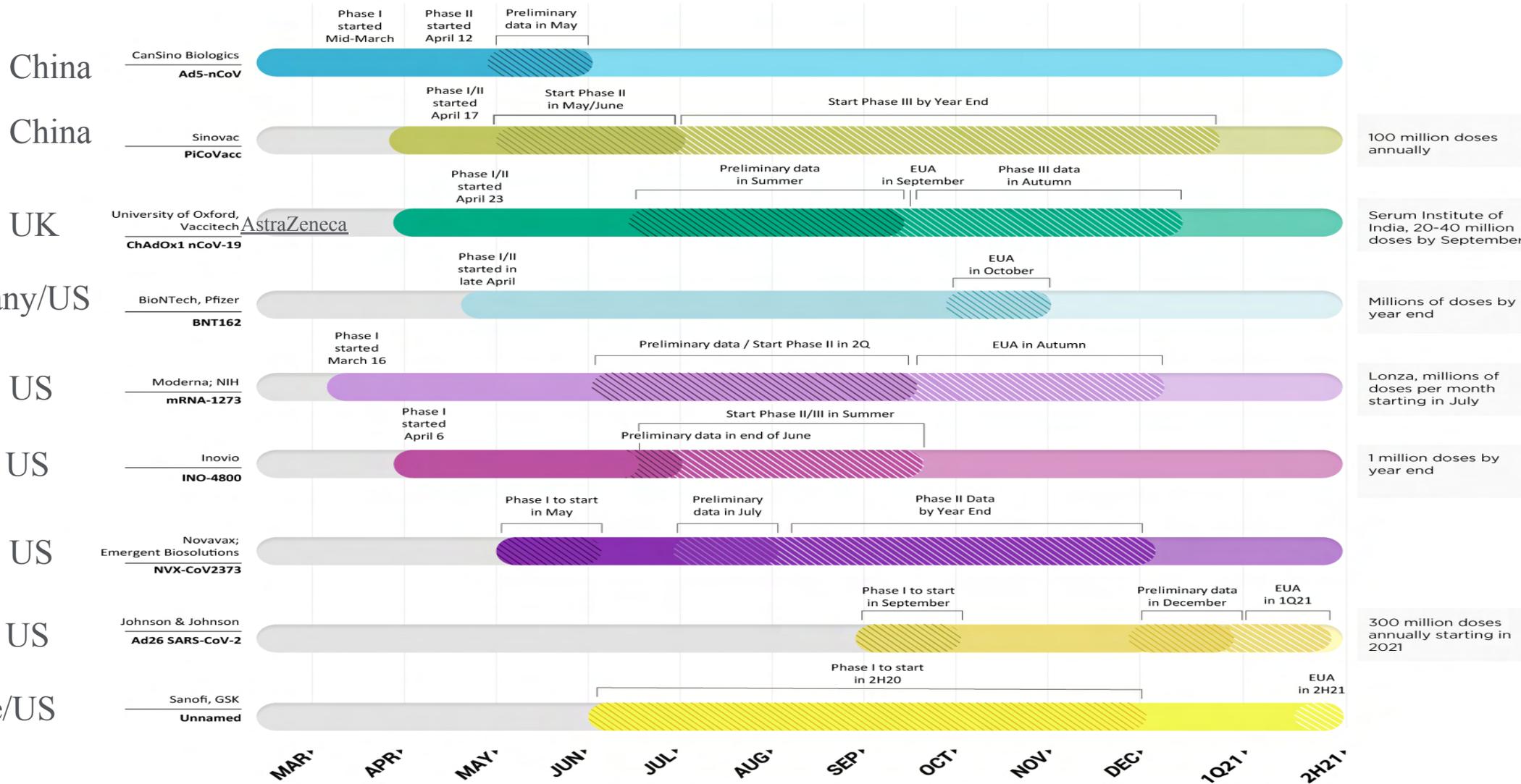
Effect of different ARVs on COVID-19 death among cases with HIV on ART

N=3903 COVID-19 cases and 115 COVID-19 deaths

Until January 2020

- First-line: TDF + XTC + EFV unless renal failure
- Second-line: ZDV + XTC + LPV
- DTG introduced from January 2020

SARS-CoV-2 Vaccines





Phase 3 COVID-19 Vaccine Trial

Phase 3, randomized, stratified, observer-Blind, placebo-controlled study

Objective: To evaluate the safety, efficacy, and immunogenicity of mRNA-1273 SARS-CoV-2 Vaccine

Study participants: adults, at least 18 years old without known history of COVID-19
at-risk (N=29,290)

- stratified by:
 - age <65 or \geq 65 years old
 - risk for severe illness (chronic lung disease, moderate--severe asthma, serious heart conditions, immunocompromised, severe obesity, diabetes, chronic kidney disease undergoing dialysis, liver disease)

Study intervention: vaccine vs. placebo, 2 injections given 28 days apart

Primary endpoints: PCR-confirmed COVID-19; local/systemic adverse events

Guidelines

IHS HIV Guidelines: Guidance for All Persons with HIV

Help persons with HIV maintain adequate supply of ART and concomitant medications.

Influenza and pneumococcal vax should be kept up to date.

Persons with HIV should follow all applicable recommendations of the U.S. CDC to prevent COVID-19, such as social distancing and proper hand hygiene.

CDC also provides information about COVID-19 prevention during pregnancy and for children.

www.aidsinfo.nih.gov

HHS Guidelines: Guidance for HIV and COVID-19

Highest risk of life-threatening COVID-19: age >60, diabetes, HTN, cardiovascular disease, pulmonary disease, or obesity .

Limited data indicate COVID-19 does not differ in persons with/without HIV.

Before ART, advanced HIV infection (i.e., CD4 cell count <200) was a risk factor for complications of other respiratory infections.

Unknown for COVID-19.

People with HIV have comorbidities (e.g., CV disease, lung disease, smoking) that increase the risk of severe COVID-19.

Additional caution for all persons with HIV, especially those with advanced HIV or poorly controlled HIV, is warranted.

DHHS Guidelines: ART and COVID-19

Persons with HIV Should:

Maintain on-hand at least a 30-day (ideally 90-day) supply of ART and other medications.

Explore changing to mail order delivery of medications when possible.

Delaying any ART switch until close follow-up and monitoring are possible.

To date, no drug has been proven to be safe and effective for treating COVID-19. Some ARV agents (e.g., LPV/RTV, boosted DRV, TDF/FTC), are being evaluated in clinical trials or are prescribed for off-label use for the treatment or prevention of COVID-19.

Do not switch or add ARV drugs to prevent or treat SARS-CoV-2 infection.

IHS Guidelines: *Visits Related to HIV Care*

Weigh risks and benefits of attending, versus not attending in-person, HIV-related clinic appointments at this time. Factors to consider include the extent of local COVID-19 transmission, the health needs that will be addressed during the appointment, and the person's HIV status (e.g., CD4 cell count, HIV viral load) and overall health.

Telephone or virtual visits may replace face-to-face encounters.

For persons who have a suppressed HIV viral load and are in stable health, routine medical and laboratory visits should be postponed to the extent possible.

www.covid19treatmentguidelines.nih.gov



COVID-19 Treatment Guidelines

Coronavirus Disease 2019 (COVID-19) Treatment Guidelines

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Credit NIAID-RML

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Thank You for Your Attendance!

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